



My Practice Adventures!

- Put a sticker or draw something (a heart, smiley face, check mark, etc.) on every day that you practice.
- **OR** write in how long you've practiced that day (5 minutes, 20 min, etc.)

MONTH: _____

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1							
Week 2							
Week 3							
Week 4							
Week 5							

